

## GENETICS AND MIND - "HUMANS WERE NOT EDITED IN EXTRATERRESTRIAL LABS" (SWARUU EXPLAINS)

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You are not limited in anyway genetically, it does not work that way! You are trapped in a materialistic mentality that doesn't let you see how the real science of genetics really works.

Genes are an expression developed by consciousness, a materialisation of an intention. Genes are not fixed set items, blue prints of which you are a victim during your life. Genes can be overwritten, can be erased, and can be developed as entirely new ones, entirely new ones are created all the time. They respond to stimuli from the outside world, that is outside the cell that holds them. That stimuli comes as the result of the subject's perception of the outside world, and the subject's perception is dependent on its consciousness-awareness and frequency of existence.

This last statement can be clearly understood studying the work of Dr. Bruce Lipton. (Epigenetics). But what I'm telling you here goes far beyond Bruce's work. What I'm telling you is that epigenetics is not only how mind and perception alters your body to a genetic level, but it actually is how your entire body is built! It is the result of your perception and your consciousness intention as well as your frequency of existence. Genes develop as a "shadow" interpretation of what you are in a level or a plane of existence above the one you are perceiving, studying or living in. Each point and minute particle of matter that makes up your genes come as the result of an energy pattern, standing wave, concentration manifestation process directly as the result of your focused intention, consciousness and frequency. (See Mechanics of Manifestation for expanded data).

It has been said that you were limited genetically in a laboratory by beings like the Anunnaki who created the human species splicing genes from a monkey, other versions say from scratch not using a monkey. All this is not accurate! It is said that your higher brain functions such as telepathy, claircognizance and so on have been edited - out altering your genes. It's been said that you have been limited in lifespan as well. You have not.

All those higher psychic abilities do not reside in the brain, nor do they reside in a gene, there is nothing to edit out. Those psychic abilities come from your energetic body and your spiritual essence higher self, they are not physical! There is no center for telepathy, there is no center for claircognizance.

The only point or brain structure that mildly resembles that is the Pineal Gland but it's only a translator, it does not control your higher mental functions. The way you have been limited is with the extensive use of Mind Control. This is, the controllers have led you to believe with arguments and with compelling, yet false, ideas that you are living in a deterministic world, that is you are living in a place where you experience and suffer things that are not under your control... Victim mentality.

Everyone there on Earth is telepathic, claircognizant and psychic... But you are trained to ignore when you are having an experience of that sort. So you can no longer recognise when you are being telepathic, for example, as you automatically ignore the subtle messages. But once you understand this, and how it works you will start to see that in fact you are telepathic!

It's those subtle messages you feel about anything or about any one, an inner knowing that does not come from you. This is what you have been trained to ignore and to pass for false.

In your world you are taught to discredit feelings and emotions as something unwanted, as something that contradicts logic as if it were higher understanding. What you feel, and your emotions are higher wisdom, they are who you are as a soul. The moment you discredit them, yours or those of others, you are losing a great part of your soul.

Humans have been genetically intervened all the time throughout history. I'm not saying they have not been, what I'm trying to say is that they were not created like that as a species... but they are altered at each individual level by other species, or stellar races for various reasons.

For example to accommodate the frequency of a to be mother for her to be able to carry out a good pregnancy to bring a high frequency starseed into your world. If this is not done, many times it will result in nervous damage to the mother, or to the child, and in many cases it does lead to miscarriage.

Another example of genetic manipulation by another star race, benevolent one, is to heal a subject presenting severe damage to his or her body in order to permit him or her to fulfil his or her life plan as his or her life is in danger. This is done quite commonly. But as I said above, it depends on each individual's life plan so not all subjects who get sick will be repaired.

Throughout history, many attempts to alter the human genome have been made by regressive and invasive species, by the Cabal, and it's still going on. But as genes are not a fixed deterministic inflexible things, and due to humans' high contact rate with Source and with higher self, they have a tendency to re-write themselves back into their original configuration, erasing the modification.

Gosia: Why are these attempts being made? What do they try to achieve?

Swaruu: They want to achieve total control over humans, over the human race in order to exploit them the most effective and efficient way possible. To make them slaves. If humans have high contact with source they end up rebelling! And history has demonstrated that over and over again!

Going back to what I said earlier about the genes rewriting themselves to their original configuration. When DNA is aggressively altered in an invasive way, as you would do in a laboratory, it has the tendency to immediately return to its original configuration given by the consciousness-perception of the owner-subject.

This will occur very fast in a matter of weeks in 5th Density. But on Earth due to the low Density slow-manifestation properties, it may take more time, but it's directly dependent on each subject. In the worst case scenario, it may take one generation before it returns to original DNA configuration. The only way to make aggressively made laboratory changes to DNA permanent is to keep the subject in a very low consciousness state, and state of mind.

This is, the subject must be kept in fear, with a clear Deterministic view and interpretation of reality, alienated from Source consciousness, from higher self and as far away as possible from the unified field of consciousness. This way the subject, from above, will "order" its genes to remain in a deterministic state that matches its

consciousness and perception of reality.

This is also why Sodium Fluoride is used in large quantities and everything else that calcifies and therefore isolates the pineal gland. As well as the widespread use of drugs, especially psychotropic ones to suppress especially alert individuals, also calling them crazy, or mentally ill labelling it as Schizophrenia, Psychosis, Depression, Asperger's, Autism, Attention Deficit, and other false psychopathies.

The "normal" population is imposed not only the use of pharmaceutical drugs with enormous damage to their systems due to secondary or side effects that are nothing more than the real effects put there by them under the excuse of masking a symptom. They are also socially imposed the use of harmful substances that separate the unified I, the Original Source, and keeps them very much in 3D, in the material, in the tangible, always maintaining them within a concept of the Deterministic reality, of victims, accepting as true only what comes from their material senses, and that is living within an invasive Mental Control Matrix that determines that only the Newtonian exists. These substances are especially alcohol, tobacco and coffee.

As an example, all the so called, higher functions of the brain that are said to be "edited out" of humans cannot be genetically altered because they are not genes, they are simply suppressed by action of a belief system imposed upon humans where those aspects of consciousness and of reality are simply taken as non existent. Therefore ignored by the subject.

But in the case of other genes, the ones that do control genetic disorders, and auto immune illnesses, and other worse ones such as cancer, which do have a genetic component to them although not entirely dependent on genes, will maintain the negatively configured genetic structure if the connection to source of the subject is effectively suppressed.

The modification of the human genome by aggressive means in a laboratory with intention of keeping humans under control and as slaves intended for various purposes, is not necessary. All that must be done is to mind control the population into accepting a belief system that will result in the subjects themselves changing their genetic configuration or structure to the one that suits the controllers.

This last statement is important because it's what has been going on for the better part of 12 500 years on Earth. The controllers, whoever they are, not to be debated here at this time, not only know this, but they apply this with mastery!

They make people believe something, and the people will eventually change their genes. It takes time, but they are patient. And they are patient because their lifespan by far exceeds the one of humans. This is working against humans because they are incapable of seeing things clearly when there is an agenda that involves slow, but controlled changes that involve generations.

Humans only can perceive what changes their immediate reality, sometimes being blind to changes that are done to them during the course of their lifetime. Change is the only constant in the Universe but that doesn't mean all changes are good, and that doesn't mean you should not react to changes that are affecting you directly or indirectly, both as a species and as an individual.

Human kind is not equipped to see interests in an expanded context as to things that affect the entire species, they only can effectively perceive interests that involve their immediate survival, with rare exceptions, of course.

You do not need an aggressively done genetic change imposed on humans, to alter and change their genetics, only behavioural modification is necessary. The imposition of a belief system such as religion, including science as it's dogmatic therefore also a religion, and as a result a genetic change will occur in the subject-population in an acceptable period of time.

Robert: Why so much interest in making us believe that we were manipulated in a laboratory or come from a monkey or hybridised with a monkey?

Swaruu: Because the moment you discover that you are not limited, your consciousness will rise and you will be liberated from the illusion of the Matrix. You will have all your abilities, you will realize everything that goes on and therefore the Matrix will end.

Robert: How much is genetics linked to 4D and higher?

Swaruu: The link with it is total, and not only with the 4D but with all the densities, being part of a whole, of the same. If a person is disconnected or isolated, it is their own ideas and beliefs of limitation that provide the genetic stability of artificial change. But that change does not have to be made in a laboratory, the body itself follows the instructions of the mind following the concepts of epigenetics at a cellular and intracellular level as Dr. Bruce Lipton has described in great detail.

Just that what he left out, I suppose because he does not have the proof yet, because I doubt very much that he has not thought of it before, that it goes much further than Epigenetic's, to the extent of explaining the entire formation of all DNA and with it of the individual and the species itself.

The mind and consciousness create the individuals, their genetics and all their personal traits at the total level. What I am saying is that epigenetic is not only how the mind and perception alter your body at a genetic level, but that it is how the whole body is constructed!

Robert: With the mental control which part of Genetics is changed? Is there any part in particular that is the one that is altered?

Swaruu: Mind control has the potential to change all genetics, every aspect of it. To change a particular aspect, you only need to study what behavior, what ideas, concepts and beliefs are the ones that would influence a particular gene, but rarely, if at all, there is talk of altering a single gene, for what?

Groups or segments of inter-related genes are altered that in the end will give the desired result, from the point of view of the controllers.

The whole genetics can be changed. Or just one part. It is only necessary to change the mentality of the individual, his perception, his concepts of what is and is not real. In the 1990s, in the USA, an experiment was conducted that ended up classified and was not disclosed to the public as it was, only altered and suppressed, however the data has reached me:

A group of elderly people was taken and isolated in a community made as, or structured as a town, or small city isolated from the outside world but set as it was in the 1950's. All people were over 80 years of age. The town that was used was one of those that would be used for the atomic tests in the 50's, evidently it was never used. Everything was as it was in the 50's. Cars, food, music, even radio stations. All set as

in 1955. As the weeks passed, they were all rejuvenated and their ailments were mostly disappearing. After 3 months everyone was walking energetically, without walking sticks. At 6 months all had a physical body structure of at least 10 to 20 years younger, in some cases up to 25 years younger. Everything is in the mind. Those old men were mentally back in 1955 and their bodies, their genetics was doing its best to adapt to the perception of the mind. They were completely immersed in a stimulus according to the idea of the 1950's. They were still in the 90's... but by perception... they were not, they were back in 1955.

I am aware that there is "scientific evidence of genetic tampering in a laboratory on humans, I'm not denying this fact, but what I am pointing out is the fact that those artificial changes do not constitute the reason nor do they affect the whole as a species, they are localised and limited. An example of this is the said Genomic telomere that are at the end of the genetic sequence and are said to be the point, or the genetic structure that controls and limits human lifespan. This is not so. Those genomic telomeres shorten a notch year by year as the result of the idea that you are ageing, and are not the cause of-ageing! As with so many things, human science has things backwards.

Gosia: So what is it for? This Telomeres?

Swaruu: It is said it controls ageing, this is not so, the genomic telomeres in general are part of any gene sequence and are lost due to other factors like being exposed to an aggressive and not nourishing hostile environment. Again they shorten, because of your perception of reality. You, the individual has the idea or the perception that reality is hostile. But that is perception, and perception is dependent on belief systems and consciousness-awareness.

The reason why the Telomeres shorten with the years is as a consequence of the idea that it is getting older, it is not the cause, it is a symptom, not a cause. The genes, therefore the Telomeres, do not work as a bad copy of a copy of a copy that ends up degrading the sharpness of the original.

You are not copying music from an audio-cassette from the 70's. Because that is at least one of the explanations that you have been given: That you age because the cells are copied to be replaced by new ones, as part of the normal process of body regeneration, and that during the process, data is lost, because of the shortening of the Telomeres, resulting in deficient cells that, summed up, give the final result of an aged person. The genes can be replicated with total clarity and reliability in a virtually infinite way.

Gosia: Is my unconscious-body perception and reality connected to the collective one? Cause if so... even if I work on myself and change my beliefs, really change... if the collective doesn't, I will still age. Right?

Swaruu: It is because you have an agreement. With the collective. To perceive reality the way you do. Ageing, sky is blue, roses are red, and a cowboy sings a sad sad song! Agreements. But you CAN over ride it. You can drastically slow it down.

Gosia: Swaruu, maybe you can explain a bit about how to OVERWRITE genetics with consciousness. Because you said that the collective unconscious plays a role here too. Then how to overwrite the genetics that is manifested on the basis of limited COLLECTIVE beliefs?

Swaruu: It overwrites genetics because they are perceptions, they are the external world in which the individual lives. Perceptions and experiences give you the framework of beliefs that in themselves form consciousness and individual frequency. This is what naturally modifies or overwrites the genes of the individual. It is not necessary to modify a species such as the human one in the laboratory, if there is a more effective and easier way to achieve the desired behaviour: the application of Mental Control and Social Engineering.

Gosia: Sorry, you said: " Perceptions and experiences give you the framework of beliefs that form consciousness and individual frequency."

If my perception and experience is of my aging parents, then this gives me my belief: WE AGE. How to overwrite this having the experiences around that only validate getting old? I see old people. This I PERCEIVE and this is the EXPERIENCE that I have. This gives me framework of belief, which afterwards will only validate more aging.

Loop! How to get out of the loop and overwrite this?

Swaruu: That's why you're still ageing. If you saw everyone around you not aging, why would you? What you describe is part of the Matrix, how it affects you even with a high consciousness. Still, yes you can fight it personally. Understanding that the fact that you see other people aging does not mean that you also do or that you will.

You age because you are convinced you must age. It's not enough to change your mind set, it helps, but in 3d you must accept that your body is functioning as apart from you due to the extra low frequency soup and density you live in. This means that your body is not well synchronised with your consciousness.

And this is because like it or not, that is part of what defines 3D density: Your apparent separation from Source. Your body functions like your unconscious, because it IS your unconscious. So it is reacting with a set, or before-set program that is what keeps you in a deterministic mind set as you fail to see any immediate or short term changes to your body, even in spite of your efforts to raise your frequency and your consciousness, as well as your connection to source. You must treat your body as your unconscious, with the direct intention of changing a program. And one of the most effective tools to do so is repetition.

Gosia: But they say that human life is getting longer now... before the average was 40. I've heard that. What do you think about this?

Swaruu: That's life expectancy. It obeys other things that have nothing to do with the final length of the human being that is around 85 to 90 years old, although there is data that claims that 120 years is the right thing to live by design.

Also to the phenomenon of ageing we must add environmental and toxic factors that also influence the final result. Factors such as the hostile environment, stress (Cortisol), food poisoned by GMO's and chemicals. The high gravity of the Earth because the human being was "designed" for a gravity of 80% of that of Earth. This directly influences the cartilages and bones, as well as the skin and other internal organs.

Gosia: What influences more? Mental control and beliefs or the factors you mentioned?

Swaruu: As far as aging is concerned, everything influences, but the environmental

factors fall to a distant second place after the state of perception - consciousness of the individual.

Everything is mind control. Humans are NOT modified. The Sumerian Tablets are for Mental Control. People validate them because other civilisations that supposedly had no contact with Sumeria also say more or less the same, like the Popol Vuh, but they forget something - yes they had contact and in the whole world, it is the same agenda, impose the idea that you are limited. That is false. Yes there are more humans out there and they are the same. They were NOT created much less on Earth.

Gosia: Thank you Swaruu. This topic is one of the most important to convey to people so thank you very much for clarifying it so well.

Robert: Thank you Swaruu.

Swaruu: Thank you, and see you tomorrow!